



## Success Story

### Self-Confidence Leads to Success

Lester attended the scheduled intake appointment at JobWave in February; he said health, mental health and housing issues were barriers to employment for him. Even with these challenges Lester was committed and eager to find work. His Case Coordinator encouraged him to address his medical and emotional concerns with his family doctor and supported Lester with his housing search by providing weekly vacancy lists and coaching on how to network with others who may be able to offer suggestions or housing leads.

Lester participated fully in the program, attending Job Seekers' Club, several Job Seeker Cafés including; Managing Stress and Problem Solving as well as additional life and employment skills workshops such as: Land that Job and Self-Esteem Leads to Self-Confidence. His Case Coordinator also assisted him with hygiene, transportation and clothing supports related to his job search. Lester was devoted to moving forward and often visited the resource room where he made use of the computers for both his housing and job search.

About two months into the program Lester came to his Case Coordinator with an eviction notice. They discussed this predicament and brainstormed a list of temporary living situations including a local shelter, family and friends. After the appointment, Lester followed up on the list and managed to secure a room with family, who were willing to allow Lester shelter until his situation changed. With his housing situation addressed Lester was finally able to focus all his attention and energy on his job search.

During one-on-one appointments with his Case Coordinator, Lester was given job leads and encouragement to stay on top of networking and cold calling. He immediately followed up when he was provided with a tip on a part-time janitorial job and was thrilled to be contacted by the employer for an interview. Lester reported to his Case Coordinator after the second interview that he was offered the job. Three weeks into Lester's employment his Case Coordinator called him for an update and was informed that Lester had been promoted to full-time Account Manager where he would earn \$17.50 hour.

In a recent conversation with his Case Coordinator Lester stated that he felt his greatest accomplishment while attending JobWave was "overcoming 15 years of self-doubt." Lester says he was able to achieve his success because "people believed in me, and moved me towards successful completion of my goals. (I) really appreciated all the friendly help and encouragement and now know the importance of never giving up."

Region: Fraser  
Centre: Port Coquitlam  
Number: JW 285  
Expiry Date: August 7, 2012



1.888.JOB.WAVE  
[www.jobwavebc.com](http://www.jobwavebc.com)

*catch the wave to success*